



TERM 4

Week 6
Monday 11 November



*Remembrance Day
Lest We Forget*

Wednesday 13 November
• Year 12 Graduation Dinner

Thursday 14 November
• Year 12 Picnic Day
• Thursday Mass

Friday 15 November
• Graduation Day

**TERM 4 CONCLUDES
FOR YEAR 12**

Week 7

**Year 11 Assessment
Intensive Week 1**

Thurs 21 November
• Thursday Mass

SCHOOL FEES DUE

Week 8

**EXAM WEEK
YEAR 7-10**

**Year 11 Assessment
Intensive Week 2**

FROM THE PRINCIPAL

At the beginning of each school year, I tell the Year 12's that their final year of formal secondary education will pass by very quickly! Inevitably, at the beginning point of the school year, they can only see a seemingly insurmountable 'mountain' of work, assignments, exams – as well as the inevitable QCS Test for those on an OP Pathway - that will need to be conquered before the 'end' finally arrives. But now, the end of the journey is nigh, and we can say to the amazing Year 12 Class of 2019, "You have made it!"



With exams behind them, all that remains is a week of farewell celebrations and rituals including the formal Graduation Dinner on Wednesday night and the Final Assembly and Graduation Mass on Friday. In a world that has discarded many significant rituals marking milestones in our lives, these rituals of passage are important and honoured traditions at Chanel College. Marking both the ending of one journey and the beginning of another, our rituals allow us to formally celebrate the achievements of each one of our Year 12 students. More than this, though, they allow us as a community of staff members, students, parents, carers, grandparents, families and friends, to not only recognise and celebrate the unique contribution that each has made to the life of our College, but to also gather to pray for their flourishing in their lives beyond school.

So, as our Year 12s prepare to leave this place that they have called 'theirs' for the last five years, we pray this ancient Judaeo-Christian prayer for them:

May the Lord bless you and keep you. May the Lord make his face to shine upon you and be gracious to you. May the Lord lift up his countenance upon you and give you peace.

(Numbers 6:24-26)

Yours sincerely,

Dr Susan Bunkum PhD



CHANEL COLLEGE
Veritas Regit Cor

As part of our enterprise bargaining process, union members at Chanel College have voted to take industrial action. Industrial action, which commenced on 7 November 2019, does not at this stage, involve any strike action.

Please be assured that the safety and wellbeing of our students will not be compromised in any way. It is also expected that the school routine will continue as normal.

If you have any questions about the impact of industrial action at Chanel College, please do not hesitate to contact any member of the College Leadership Team.

Thank you for your ongoing support of Chanel College and Catholic Education.

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**STUDENT
ABSENTEE
HOTLINE
4994 8901**



Good News

Kath Hore - Mission & RE Support Officer



Please Pray for...

- Year 12 students as they prepare for Graduation Week
- Farmers and their families throughout the drought-ravaged regions of Australia
- All people of goodwill who promote peace and justice in the world
- Doctors and their humanitarian collaborators in war zones, who risk their lives to save the lives of others.

Praise and Thanks for...

- Parents and staff who have nurtured, challenged and supported our Yr 12 students on their secondary school journey
- The generosity of individuals and families in our community who are donating what they can to our Christmas Appeal
- The recent good falls of rain that have renewed the spirits and gladdened the hearts of people in some areas of Queensland and New South Wales.

If you have any requests for either of the above prayers, please leave your request at the Office.

Marist Fathers' Farewell

The Marist Fathers' Farewell celebrations are planned for the weekend of 23 & 24 November. If you are interested in attending the Dinner Function, the invitation can be accessed from the Parish Website: www.sosgladstone.org.au

The Farewell Mass will be celebrated by Bishop Michael on Sunday 24 November in the Marian Centre at Chanel College commencing at 9.00 am and followed by Morning Tea in Lavalla Court. All are welcome.

National Prayer Campaign for Drought

The Catholic Church in Australia is dedicating the month of November 2019 as a time to pray for those affected by crippling drought conditions and to pray for the gift of rain (*see below for a Prayer for the Blessing of Rain*). As well as prayer, people are also encouraged to provide practical assistance to those most in need. For more information about this initiative, including ways to provide support, please go to <https://www.catholic.org.au/drought>.

Prayer for Rain

Please consider praying the prayer below as we ask God to send much-needed rain to parched lands throughout Australia:

Prayer for the Blessing of Rain

Lord God,

Bless Australia – our Great South Land of the Holy Spirit.

Grant, that as the Cross shines in our southern skies, so may Christ bring light to our nation, to its peoples old and new.

May we receive the blessing of abundant rain so that the “desert blooms with the life that lies in wait.”

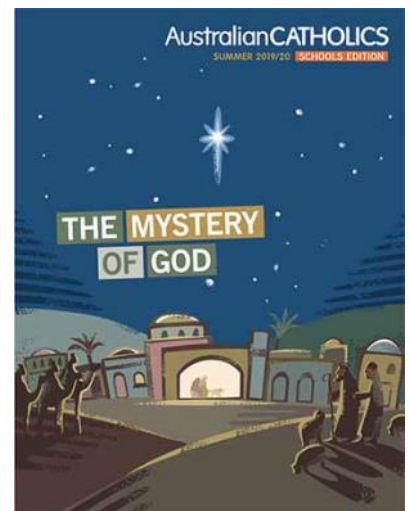
We ask this prayer through Christ, Our Lord. Amen.

Australian Catholics magazine

A copy of this free magazine is given to every family (sent home with youngest child) four times a year. There are always very interesting and informative articles in each issue. The goal of the magazine, according to the editors, is to “give families a sense that they not only belong to a school or parish community, but to a community that extends across the globe and through the centuries”.

The latest edition (Summer 2019/20) has some very interesting and informative articles including “Sitting and praying with Children”.

These magazines were handed out this week so please check to make sure you have received yours and I encourage you to have a read through it and share it with your children.



A Journey Remembered ...

All are invited to attend the **2019 Graduation Mass** in the Marian Centre on Friday 15 November commencing at 1.00 pm as we celebrate the gift our Year 12 students have been to our College and wish them God's blessing as they begin the next phase of their life journey.



Good News

Kath Hore - Mission & RE Support Officer



St Vincent de Paul Society 2019 Christmas Appeal

Time is short ... don't forget to contribute to the St Vincent de Paul Christmas Appeal which provides food and gifts for local individuals and families who need our support. The Appeal will conclude on **Thursday 21 November** and is being organised by Marcellin and Futuna Houses under the leadership of Ms Ryan and Mr Galea.

Don't wait – contribute now! It would be terrific if each person at our College, staff and students, could make at least one donation to this very worthy Appeal – **please be generous!**

Christmas Cards for Mission to Seafarers

Again this year our staff and students will have the opportunity to be involved in the production of hand-made Christmas cards for distribution to seafarers who will be in Gladstone leading up to, and during, the Christmas period. This is a wonderful opportunity for us to support those women and men who will be apart from their families and loved ones at this special time of the year.

Second Hand Uniforms

If needing assistance with the Second Hand Uniform 'Outlet' please enquire at the front desk in Student Services. Formal uniforms sell for \$10.00 per item, sports uniform and house shirts are \$5.00 per item. Jackets are available for \$25.00 each. All prices are negotiable.

If you have uniforms your child no longer requires - all donations are gratefully accepted and many thanks to those who have already sent in donations.

This is a great opportunity to support other families, especially if your child is in Year 12 and you no longer have any need for a uniform.

Thursday Mass

14 November – NO class Mass (Graduation Mass on 15 November)

21 November – Mrs Lamberton's Year 8D Religion Class – ALL welcome

Class Mass is celebrated in the College Chapel at 10.40 am each Thursday.

ALL WELCOME – Families, Friends, Members of our Parish, Fellow students!!

**GIVE THE BEST
PRESENT EVER!**



**You can help a
family put food
on the table
this Christmas.**



Assistant Principal Curriculum

Lorraine Wolffe



This time of the year highlights the amazing young people we have at Chanel College. We have acknowledged the outstanding academic achievements of our students at our annual Awards Night. I am so proud of all our students especially how they have embraced developing as responsible, respectful and resilient learners. I am especially proud of students who come along to the evening to support their peers. Our school culture is strengthened when there is whole school participation in our Awards Night.

While this night of celebration has occurred, our students still have assessment forthcoming. This week, our Year 12 students have had their final exam block. Our community is right behind them in these final weeks as they enter a new stage in their life journey.

The Year 11s are in the middle of Unit 3 and there are some very significant assessment items due in Week 8 [including exams] but most importantly, they are in class engaged in learning until the last day of school. I am sure our Year 11s will keep demonstrating resilience until the final day.

Our students in Years 7, 8, 9 and 10 students will commence their Exam Block on 25 November. It is important that our students are starting to settle into their preparations for study and managing self-care. Establishing a good routine of sleep, relaxation and study is very important.

I wish all of our students all the very best over the next few weeks.

Kind Regards,

Lorraine Wolffe

Chanel students are

RESPECTFUL
RESPONSIBLE
RESILIENT
LEARNERS





Wellbeing

Milena Barbagallo



WELLBEING WEEK 2019

Chanel's Wellbeing Week was again a chance to showcase a range of mood-boosting and wellbeing promoting activities. Students participated in sessions on relaxation, deep breathing, dance, creative artwork, mindfulness and self-care. Check out some of the activities:



Chalk About Mental Health

Students took to the concrete pathways with coloured chalk, creating positive messages of hope and support, all in aim to break the stigma and encourage help-seeking behaviours. Thanks to Rachel from Headspace for supporting this initiative.



Wellbeing

Milena Barbagallo



Learn the Git Up Dance

Students were encouraged to GIT UP at lunch and dance, releasing mood-improving chemicals that boost mental health, happiness and resilience. Year 12s led the way, learning the dance exceptionally quickly and radiating positivity!





Wellbeing

Milena Barbagallo



Class Talks

Thanks to Danni-Elle from Headspace Schools in Brisbane who travelled to Gladstone to talk to our Year 7s and 8s about looking after our Mental Health and Wellbeing. Students learned about the mental health continuum, balancing life's challenges, tips for a healthy headspace and seeking support.



what's on at headspace

November 2019



Monday	Tuesday	Wednesday	Thursday	Friday
4	5	6	7	8
RAGE 3.45pm-4.45pm	BOOST self esteem 3.45pm-4.45pm	mindfulness 3.45pm-4.45pm health clinic	pridespace Movie Night 5.30pm-7.30pm	
11	12	13	14	15
RAGE 3.45pm-4.45pm		mindfulness 3.45pm-4.45pm	pridespace 3.45pm-4.45pm	
18	19	20	21	22
RAGE 3.45pm-4.45pm		mindfulness 3.45pm-4.45pm health clinic	pridespace 3.45pm-4.45pm	
25	26	27	28	29
RAGE 3.45pm-4.45pm		mindfulness 3.45pm-4.45pm	pridespace 3.45pm-4.45pm	

RAGE

Ages 14-17

Meet new people and work together to learn strategies for re-navigating angry and guilty emotions.

mindfulness group

Ages 12-25

Meet new people, and socialise while learning skills to build concentration and focus in all areas of life.

pridespace

LCBTIQ+ social group

Ages 14-25

A safe and confidential space to be yourself, connect with like-minded young people and plan events for the rainbow community.

health clinic

Ages 14-25

Make a free appointment to see a professional health nurse who specialises in sexual health

headspace Gladstone is an early intervention service for young people aged 12–25, that provides health advice, support and information.

Level 3,
93 Goondoon Street
Gladstone QLD 4680
T (07) 4903 1921
F (07) 4803 9100
E info@headspacegladstone.com.au
headspace.org.au/gladstone



headspace National Youth Mental Health Foundation is funded by the Australian Government Department of Health



History

CHANEL COLLEGE

Year 9 History

Justice Respect Compassion

On Tuesday 22 October, thirty-five Year 9 students attended an excursion to the Rockhampton Historical Village and the War Museum. They were taken on a tour of a World War 1 bunker, climbed through a range of army vehicles and also toured the hospital looking at medical equipment used during the war. At the War Museum, students looked at how soldiers lived, how trench warfare worked, the theatres of war and even dressed up in different military clothing! It was a great experience for all!





Around the College

Year 7 Digital Technology

Rotations are using Mircobits and electronics to learn JavaScript in block form. JavaScript is a web language used on websites. In the last few lessons the students have learnt how to connect a fan and switch and used if statement to run the fan with a switch.



Volunteer at St Vincent de Paul

During Week 4, Cher Pickering from St Vincent de Paul came in to talk to the Year 10 Religion and Ethics class. We learnt about how they run their organisation in Gladstone. Cher told us that helpers are always needed and explained what they do at their shop and workshop. She said that you can volunteer over the school holidays or on weekends, even if it is only for a few hours.

In Gladstone, Vinnies provides food and vouchers for families doing it tough, as well as hampers at special times of the year and emergency crisis accommodation for families affected by violence.

Most of the volunteering roles need to be done by those over 16 and you could be sorting through clothes, working in the workshop, selling second-hand items, wrapping gifts and trying to get more people to help volunteer.

If you are at a younger age, such as 14, you can join the Crafts Club and help make gifts. Help is always needed. Regardless of age, you can be an Urban Miner - digging through the wardrobes in your house to find new or near new clothes to donate - only 15% of the clothes they receive are able to be sold in-store, so they need quality items most of all.

We want to encourage Chanel students to give up some of their time on the holidays, even if it is only one day, or even a few hours, to help St Vincent de Paul Gladstone continue the work they do for the community. Even if you don't have time to volunteer, you can also give by doing some shopping in their store in the Valley - you will be surprised at some of the cool things you can buy!

One of the best opportunities Chanel families will have is to help Vinnies package up the Christmas hampers, which will be done in the Marian Centre the week after school finishes for Years 7-9.

If you are interested in spending some of the festive season giving rather than receiving, you can email Cher for more information at gladstone.shop@svdpqld.org.au



St Vincent de Paul Society
good works



Sports

Kylie Kickbusch



Interschool Soccer

Congratulations to all Chanel students who represented the College in the Term 4 Interschool 6-a-side Soccer Competition. It was a great three weeks of games and lots of fun was had. Congratulations to the Year 10 boys and the Year 9/10 Girls teams who made it to the finals. Unfortunately, both Chanel teams lost in the finals, but the way they represented themselves and the College was to the highest standards. Thank you to Mr Rose, Mr Galea and Mrs McDowall for coaching and supporting the Chanel teams throughout the competition.

Triathlon and Lifesaving success

Congratulations to Lachlan Blake who recently competed at the Queensland All Schools Triathlon competition. Lachlan competed in the Senior Division and had a fantastic race, finishing 7th overall. Great racing Lachlan and congratulations!

Brady Blake, Rhiannon Copsey, Brooke Copsey and Abby Churchward all made the Qld Country Lifesaving Team after achieving good results at the North Australian Lifesavings Titles. They will compete at the Interbranch Lifesaving Championships at the Gold Coast the weekend of the 30th November. Good luck to you all and congratulations on this fantastic achievement.

2020 QISSN and Confraternity

Students who are interested in being part of, and trialling for, the 2020 QISSN netball team or the 2020 Confraternity Rugby League (boys ONLY with DOB 2004, 2003, 2002) can now sign up on the Student Google page (under Sports @ Chanel). Students MUST complete the nomination form (on the Student Google page) if they intend to trial for QISSN or Confraternity in 2020, so that they and parents can receive the information letters about these carnivals.

Congratulations Max

During the September holidays Max Nash travelled to Warwick to represent Gladstone in the Under 15 Queensland State Hockey Championships. At the end of the carnival, he was awarded the Coaches Award for the Gladstone team. Max has now made the Under 16 Queensland Development Squad and will travel to Cairns in December for training.





Sports

Kylie Kickbusch



RUGBY 7S

Congratulations to all students who recently competed in the Rugby 7s. Chanel College ended up 2nd in the whole Under 13 Division. A remarkable achievement considering we came to the carnival with ten players for this team!

The highlight of the Carnival was beating Rockhampton Grammar in an intense match, Chanel College winning that game 5 - 0. All players put their bodies on the line for every game, playing with passion and intensity. They were led by their talismatic captain, Ty Fitzgerald, who scored an impressive 10 tries in the carnival. He was backed up by his team, in particular his team mates Carter King, Jake Veach, Breyden Steer and Seth Jarram who all impressed over the two days in Emerald. This team is definitely going to be a force to be reckoned with next year!



Under 15 Girls



Under 13 Boys



Open Boys



Open Girls



NOTICES

UNIFORM SHOP *News*

UNIFORM SHOP HOURS

MONDAY : 8.15am - 11.45am

THURSDAY: 12.45pm - 3.45pm

Phone: 4994 8905

Email: chanel@wearitto.com.au

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